



All youth culture classes are from 4:00 – 4:50 pm and are optional (no added tuition) when enrolled in a youth language class from 2:00 – 3:50 pm.

*Tuition for youth culture classes is \$90 without language class enrollment.*

**Arts & Crafts I** - This class for younger students is easy to follow. Students will use construction paper, paper plates, Popsicle sticks, clips, etc., to make holiday and seasonal decorations. For example, students will make a paper pinwheel for Double Ninth Festival/Chong-yang in September, a spider web/skeleton in October, and a paper plate turkey in November. For ages 4-6 years. **\$15.00 materials fee per student per semester, to be paid at the time of registration (no refunds).**

**Arts & Crafts II** - In this class, students will learn how to make crafts for holidays, seasons, or other events. Ages 5 years and older. **\$15.00 materials fee per student per semester, to be paid at the time of registration (no refunds).**

**Basketball** - You Can Do It: Jump right into the game or activity with a clear explanation of how to perform an essential skill or tactic. Take it to the Court: Apply the skill in a game situation. This class stresses the importance of fundamentals. We will incorporate drills that develop each player and promote sportsmanship throughout the game. Ages 8 -12 years.

**Chinese Chess** - This class teaches the fundamentals of Chinese chess, including the set-up, strategies, gamesmanship and sportsmanship. Students gain experience and skill by playing against each other and against the teacher during class time. Students are expected to come to class with their own Chinese chess boards. Ages 8 and above.

**Chinese Folk Dance** - The students will learn basic skills for Chinese Folk dance each week. They will also learn a dance to perform at the annual Chinese New Year celebration. If the students are advanced enough they will start to learn a fan dance (we will provide the fans). This class will range from basic to advance skills and is lots of fun if the students try their best. Students must bring ballet shoes and leggings/dance clothes. Ages 6-12 years.

**Chinese Music & Songs** - This is an introductory course of traditional Chinese music and songs. It will include basic vocalization techniques, learning several folk songs, and a performance on Chinese New Year. Prior experience is not required. Ages 6 years and up.

**Chinese Painting** - Using Jie Zi Yuan painting book – a traditional model of paintings, as the basic teaching material, the teacher will utilize each young student's personality and interest to give them their freedom of creativity. Please bring your own equipment. Ages 8 and above.

**Chinese Yo-yo** - The Chinese yo-yo group performs tricks ranging from the basic to advanced. The 扯鈴, or che ling, originates from the Ming Dynasty and was originally made from bamboo. Today it is made of plastic and has built-in grooves to produce the whistling sound you hear when the yo-yo spins at high speed. Grades 3-10.

**Drawing** - Students will be taught the basics of realistic drawing. Various mediums and techniques will be introduced as the year progresses. Lessons will be simplified for younger students, if needed. Students must bring to class an unlined sketchbook/pad, pencils, colored pencils, sharpener, and pencil case. For ages 6 and up.

**Martial Arts** - Get in great shape with classic Chinese martial exercises! By learning a variety of kung fu techniques from both traditional and contemporary wushu styles, you will improve your flexibility, coordination, endurance, and strength. Students should wear exercise clothing and sneakers to every session, and please remember to bring some water to drink afterwards. Ages 8 and above.

**Math Tutorial** - Ask about math topics covered in school. Get individual help with math homework. Preview upcoming school math topics. Topics ranging from Arithmetic through Algebra 1. Grades 1<sup>st</sup> through 8<sup>th</sup>. Enrollment limited to 10 students.

**Ping Pong** - Learn ping pong fundamentals or refine skills already mastered. All levels are welcome. Please bring your own paddle.



所有的青少年文化班是從下午 4:00 - 4:50  
如果已參加青少年語言班，可以自由選擇參加(無另加學費)。

沒參加青少年語言班的學生，學費是 \$90。

**手工藝 I** - 課程主要為較年幼孩童所設計，學生可以容易地依照老師的指示完成勞作。學生利用色紙，紙盤，冰棒棍，夾子等做成應景的節慶裝飾，例如，九月九九重陽節的紙風扇，十月萬聖節的蜘蛛網、骷髏人，及十一月感恩節用紙盤做成的火鷄。適合年紀：四到六歲。**每位學生每學期酌收材料費十五元，請於註冊時繳交，恕不退費。**

**手工藝 II** - 此課程針對五歲以上孩童所設計，學生能學習製作配合節慶、季節、事件及活動的各式手工藝品。**每位學生每學期酌收材料費十五元，請於註冊時繳交，恕不退費。**

**籃球** - 你能做到:從比賽或活動中學習基本的技巧和戰術在球場比賽實際運用。本課程強調基礎的重要。少年籃球是針對 8-12 歲的學生投籃和運球的基礎技術訓練。並針對學生不同程度進行個別指導。強調團隊比賽和運動員精神。

**象棋** - 學生將學習象棋之規則, 基本的戰略, 及下棋的風度, 學生在課上和老師或同學配對下棋磨練下棋的經驗和技巧。學生須自備象棋。適合八歲及以上的學生。

**中國傳統舞蹈班** - 在每周的課程中, 學生會反覆練習傳統舞蹈裡的基礎動作, 而學習的成果將會在一年一度的中國新年慶祝會中驗收。已經熟習基礎動作的學生則可以開始學習扇子舞 (扇子將由學校提供)。不論是毫無經驗、或是已經有經驗的學生, 都會在課程學習中得到許多樂趣。注意: 學生請自行攜帶芭蕾舞鞋與合適的舞蹈韻律服/褲。適合六至十二歲。

**中國傳統音樂歌曲班** - 課程包括了基礎的發聲練習和傳統歌曲練習導唱。學習的成果將會在一年一度的中國新年慶祝會展出。參與本課程無須任何經驗。建議年齡: 六歲以上。

**國畫** - 以芥子園畫譜為基本教材, 結合少年學生的特點及興趣, 適當給予自由發揮。請自備畫具。適合八歲及以上的學生。

**扯鈴** - 扯鈴, 技巧範圍從基本到先進的。扯鈴, 起源於明代。最初是從竹子做成。今天, 它是由塑料製造的, 並有內置的 溝槽, 在高速旋轉時會產生呼嘯聲。適合三到十年級的學生。

**繪畫班** - 學生將有機會學習基本的寫實繪畫。課程會介紹怎麼運用不同的美術媒體, 材料, 和繪畫的方式。如有需要, 課程的內容可以隨著學生的年紀而調整。學生請必須自帶無線條的速寫本, 鉛筆, 彩色鉛筆, 削鉛筆機, 和鉛筆盒。這堂課適於六歲以上的學生。

**武術** - 用中國傳統武術來健身! 通過學習各種傳統的和現代的武術流派的功夫技巧, 你會提高你的柔韌性, 協調性, 耐力和力量。學生應該穿運動服裝和運動鞋, 並請記得帶水在課後飲用。適合八歲及以上的學生。

**數學輔導** - 數學輔導的項目包含複習學校教過的題材, 個人作業的輔導, 和預習學校下一段的題材。輔導的內容包括從算數到代數。適合從一年級到八年級的學生報名參加。本班人數限為十個學生。

**乒乓** - 學習基本或精進你的乒乓技術。歡迎各種程度的學生報名參加。請自備球拍。